

# Learn to Skate



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## LEARN TO SKATE SESSIONS

Thank you for considering our Learn to Skate (LTS) Programs. We are excited to offer our LTS programs in a **NEW 6-week format**. You will receive our professional instruction, at a cost of **\$72.00** for the 6-week session; full payment required at the time of registration. Classes consist of **30 minutes of group instruction** with an Ice Arena staff instructor. Class includes: skate rental, admission into the Community Center and admission to Public Skate (all on the day of your class only).

Classes may be cancelled the second week of the session if there are less than two students enrolled per class. Classes cancelled by the GCCC will be refunded in full.

*Dates and times are subject to change.*

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## Family Fun Skate (Parents Too)

This is a wonderful opportunity for families to join in the fun of sharing the first time experience of skating. We will learn the proper way to fall down and get up, marching in place, marching while moving forward and the two foot glide. **Drop-Ins WELCOME for these Classes Only, \$3.00 per skater.**

### **Session I:**

Tuesday (Jan 5 – Feb 6)

5:15 – 5:45 pm

Saturday (Jan 9 – Feb 20)

12:15– 12:45 pm **No class 1/23**

### **Session II:**

Tuesday (Feb 16 – Mar 23)

5:15 – 5:45 pm

Saturday (Feb 27 – April 3)

12:15 – 12:45 pm

### **Session III:**

Tuesday (Mar 30 – May 4)

5:15 – 5:45 pm

Saturday (Apr 10 – May 22)

12:15 – 12:45 pm **No class 5/15**

### **Session IV:**

Tuesday (May 11 – June 15)

5:15 – 5:45 pm

Saturday (May 29 – July 3)

12:15 – 12:45 pm

## **Snowplow Sam**

This session is designed for younger, first time skaters who want to get out on the ice and learn the basics of skating. We will learn the proper way to fall down and get up, marching forward, beginning swizzles and the beginner snowplow stop.

### **Session I:**

Tuesday (Jan 5 – Feb 6)	5:45 – 6:15 pm
Saturday (Jan 9 – Feb 20)	12:15 – 12:45 pm <b>No class 1/23</b>

### **Session II:**

Tuesday (Feb 16 – Mar 23)	5:45 – 6:15 pm
Saturday (Feb 27 – April 3)	12:15 – 12:45 pm

### **Session III:**

Tuesday (Mar 30 – May 4)	5:45 – 6:15 pm
Saturday (Apr 10 – May 22)	12:15 – 12:45 pm <b>No class 5/15</b>

### **Session IV:**

Tuesday (May 11 – June 15)	5:45 – 6:15 pm
Saturday (May 29 – July 3)	12:15 – 12:45 pm

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## **Basic I**

Now we can start to build solid skating skills. This class teaches one & two foot glides, the dip, backward wiggles, forward swizzles, a rocking horse and snow plow stops.

### **Session I:**

Tuesday (Jan 5 – Feb 6)	5:15 – 5:45 pm
Saturday (Jan 9 – Feb 20)	11:45 – 12:15 pm <b>No class 1/23</b>

### **Session II:**

Tuesday (Feb 16 – Mar 23)	5:15 – 5:45 pm
Saturday (Feb 27 – April 3)	11:45 – 12:15 pm

### **Session III:**

Tuesday (Mar 30 – May 4)	5:15 – 5:45 pm
Saturday (Apr 10 – May 22)	11:45 – 12:15 pm <b>No class 5/15</b>

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Tuesday (May 11 – June 15)	5:15 – 5:45 pm
Saturday (May 29 – July 3)	11:45 – 12:15 pm

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## **Basic 2**

This session builds on what we have learned in previous classes. The concentration is on controlled right & left one foot glides, solid forward and backward swizzles, scooter pushes and a steady snow plow stop.

### **Session I:**

Tuesday (Jan 5 – Feb 6)	5:15 – 5:45 pm
Saturday (Jan 9 – Feb 20)	11:45 – 12:15 pm <b>No class 1/23</b>

### **Session II:**

Tuesday (Feb 16 – Mar 23)	5:15 – 5:45 pm
Saturday (Feb 27 – April 3)	11:45 – 12:15 pm

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### **Session III:**

Tuesday (Mar 30 – May 4)	5:15 – 5:45 pm
Saturday (Apr 10 – May 22)	11:45 – 12:15 pm <b>No class 5/15</b>

### **Session IV:**

Tuesday (May 11 – Jun 15)	5:15 – 5:45 pm
Saturday (May 29 – July 3)	11:45 – 12:15 pm

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## **Basic 3**

This session is for skaters that have moved beyond beginners are wanting to take on the more challenging elements of skating. We will be learning forward stroking, forward crossovers (left & right), backward half swizzles (on a circle), knowledge of inside and outside edges and one foot snow plow stops.

### **Session I:**

Tuesday (Jan 5 – Feb 6)	5:45 – 6:15 pm
Saturday (Jan 9 – Feb 20)	11:45 – 12:15 pm <b>No class 1/23</b>

### **Session II:**

Tuesday (Feb 16 – Mar 23)	5:45 – 6:15 pm
Saturday (Feb 27 – April 3)	11:45 – 12:15 pm

### **Session III:**

Tuesday (Mar 30 – May 4)	5:45 – 6:15
Saturday (Apr 10 – May 22)	11:45 – 12:15 pm <b>No class 5/15</b>

### **Session IV:**

Tuesday (May 11 – June 15)	5:45 – 6:15 pm
Saturday (May 29 – July 3)	11:45 – 12:15 pm

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## **Basic 4**

Now we pull it all together and move into backward stroking with backward crossovers (left & right), two foot three turns, bunny hops, lunges, mohawks, and T-stops.

### **Session I:**

Tuesday (Jan 5 – Feb 6)	5:45 – 6:15 pm
Saturday (Jan 9 – Feb 20)	12:15 – 12:45 pm <b>No class 1/23</b>

### **Session II:**

Tuesday (Feb 16 – Mar 23)	5:45 – 6:15 pm
Saturday (Feb 27 – April 3)	12:15 – 12:45 pm

### **Session III:**

Tuesday (Mar 30 – May 4)	5:45 – 6:15
Saturday (Apr 10 – May 22)	12:15 – 12:45 pm <b>No class 5/15</b>

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Tuesday (May 11 – June 15)	5:45 – 6:15 pm
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## **Jump & Spin Class Combined**

**Spin:** This class is for beginners and skaters wanting to advance their skills in all areas of spin techniques, hand position, posture and exit mechanics. We will be working on sit spins, backward spirals, scratch spins, change foot spins and camel spins.

**Jump:** This class is for beginners and more advanced jumpers. We will work on foot position, entry to jump, lift, rotation, landing and exit positions. We will work on salchow, toe loops, loops, flips and advanced jumps.

### **Session I:**

Saturday (Jan 9 – Feb 20) 12:15 – 12:45 pm **No class 1/23**

### **Session II:**

Saturday (Feb 27 – April 3) 12:15 – 12:45 pm

### **Session III:**

Saturday (Apr 10 – May 22) 12:15 – 12:45 pm **No class 5/15**

### **Session IV:**

Saturday (May 29 – July 3) 12:15 – 12:45 pm

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## **Adults / Level 1**

Figure Skating classes for Adults, taught by adults. Beginner skaters welcomed.

### **Session I:**

Tuesday (Jan 5 – Feb 6) 5:15 – 5:45 pm

Saturday (Jan 9 – Feb 20) 12:15 – 12:45 pm **No class 1/23**

### **Session II:**

Tuesday (Feb 16 – Mar 23) 5:15 – 5:45 pm

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Saturday (May 29 – July 3) 12:15 – 12:45 pm

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## **Adults / Level 2**

Figure Skating classes for Adults, taught by adults. Intermediate to advanced skaters welcomed.

### **Session I:**

Tuesday (Jan 5 – Feb 6) 5:45 – 6:15 pm

Saturday (Jan 9 – Feb 20) 12:15 – 12:45 pm **No class 1/23**

### **Session II:**

Tuesday (Feb 16 – Mar 23) 5:45 – 6:15 pm

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12:15 – 12:45 pm

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## **Stroking Class**

Stroking class is designed for serious free skaters who want to maximize power, glide, and edge control. The purpose of power stroking is to build the skater's stamina and improve their awareness of speed and body position as they skate at a higher level.

### **Session I:**

Saturday (Jan 9 – Feb 20)

11:45 – 12:15 pm **No class 1/23**

### **Session II:**

Saturday (Feb 27 – April 3)

11:45 – 12:15 pm

### **Session III:**

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11:45 – 12:15 pm **No class 5/15**

### **Session IV:**

Saturday (May 29 – July 3)

11:45 – 12:15 pm

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## **Intro to Hockey**

**Skaters must be able to skate forward, balance and stop.** These sessions take place during our regular Learn to Skate program. We concentrate on basic skating skills and move into beginning stick handling and puck control. Skaters then graduate into our In-House hockey Skills Clinics where they participate in formalized clinics to improve their skating, stick handling and shooting skills. **We provide skates, sticks, helmets and gloves.**

### **Session I:**

Tuesday (Jan 5 – Feb 6)

5:15 – 5:45 pm

Saturday (Jan 9 – Feb 20)

11:45 – 12:15 pm **No class 1/23**

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**\* If you would like ice skating information emailed to you please email [temiller@santafenm.gov](mailto:temiller@santafenm.gov) to get on the ice arena mailing list.**

## Ice Dancing

Learn the beauty and challenges of basic ice dancing. We focus on backwards skating, dance turns, edge quality, and dancing with a partner. Also enjoy dancing to waltzes, tangos, foxtrots, and varied rhythms. Come ice dance with the “stars” and improve all aspects of your skating. Beginners welcome! Must be able to skate forward, balance and stop consistently.

Wednesday 9:15 am - 10:15 am

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## Speed Skating

New in 2009 is our Speed Skating Program. The GCCC Ice Arena is the only rink in New Mexico that offers a dedicated time slot for our program “THE NEED FOR SPEED”. Are you a thrill seeker? Do you enjoy learning new skills and making new friends? Do you like to skate FAST? Then Speed Skating is for you!

For more information please call 955-4031.

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## Adult Hockey

### League Fees Will Vary, Home & Away Jerseys

We have Adult Leagues for all skill levels. These are NO CHECK leagues and full equipment is required. We have referees, scorekeeping, stats and follow USA Hockey rules. All games are 1.25 hrs. Call 955-4031.

### Adult “D” League *NEW*

This league is for beginner hockey players. You must be able to skate forward, balance, and stop. The Ice Arena can assist you in acquiring gear if needed. Call 955-4031.

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## Hockey

### In-House Hockey Skills Clinics - All Levels

These clinics are supervised and led by Ice Arena staff and are designed to improve your skating, stick handling and shooting abilities. We emphasize traditional hockey values within a fun, lightly competitive environment. Full hockey gear is required. The Ice Arena has a limited amount of gear to provide for newer skaters. Please visit our website, [www.ChavezCenter.com](http://www.ChavezCenter.com), and the Ice Arena schedule for weekly dates and times.

### Adult Hockey Drop-In

Open to all players who are 16 years and older. NO CHECK! Full hockey equipment required. Players are requested to bring a dark & light colored jersey. Times and dates may vary. Please check our website at [www.ChavezCenter.com](http://www.ChavezCenter.com) and weekly Ice Arena schedule.

### Stick & Puck

This session is open to all hockey players and is designed for all skaters of varying skill levels to practice their stick handling and shooting skills. Full equipment is required. No slap shots, group instruction or scrimmages will be allowed. Please check our website and the Ice Arena schedule for weekly dates and times.

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