

Massage by Areena



Nurturing • Soothing • Therapeutic Swedish Massage

My Intuitive Approach Incorporates Deep Tissue, Shiatsu, Myofascial Techniques, Medical & Sports Massage. Complement Your Fitness Regimen with a Session. I Use Only Natural & Organic Products.

~One Hour Table Massage \$55~



Or, Ride the Dolphin Massage Chair! Call for Location & Event Booking Info Today.

~Only \$1 a min.~

505-670-4386



Areena Arjuna Estul
LMT 6317



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The Benefits of Massage Include:

- Proper Tissue Regrowth After Injury
 - A Relaxed Nervous System
- Increased Joint Flexibility
 - Positive Body Awareness
- Better Lymph Drainage
 - Enhanced Well-being
- Improved Circulation
 - A Calmed Mind
- Pain Relief
 - Bliss!

Treat Yourself Today!